



North Sound Behavioral Health Advisory Board

June 2, 2026

1:00 p.m. – 3:00 p.m.

Meeting Minutes

Advisory Board Members:

- Kara Allen, Whatcom County
- Cathie Murphy, Whatcom County
- Gay Lynn Beighton, Snohomish County
- Marie Jubie, Snohomish County
- Julie Melville, Snohomish County
- Cassandra Roselius, Snohomish County
- Michele Meaker, Snohomish County
- Pat O'Maley-Lanphear, Snohomish County
- Brian Estes, Whatcom County

Managed Care Organizations:

- Jacquelyn Harmon, United Healthcare
- Amanda Whitfield, Molina Healthcare
- Marci Bloomquist, Community Health Plan of Washington

Norh Sound ASO Staff:

- JanRose Ottaway Martin, Executive Director
- Lindsay Lopes, Deputy Director
- Amy Glunt, Administrative Assistant
- Joanie Wenzl, Administrative Manager

Guests:

- Abel Teklai, Office of Behavioral Health Advocacy
- Megan Sarver, Snohomish County Human Services

Call to Order and Introductions

The Chair, Kara Allen, asked the Advisory Board members to introduce themselves, as well as the ASO members

Revisions to the Agenda

No revisions to the agenda were requested

Approval of Previous Meeting Minutes

Marie Jubie moved the past minutes for approval, Cathie Murphy seconded, all in favor, none opposed, no abstentions, motion carried

Brief Announcements or Questions from the Public

Able Teklai was introduced by the Chair. He spoke about his position with the OBHA, North Sound Region and the services provided

Federal Block Grants Overview – Lindsay Lopes, Deputy Director

Lindsay gave an overview of the Federal Block Grant Summary as well as the Mental Health Block Grant funds

Executive Committee Report

The Chair noted that there were no expenditures that were listed on the report. However, payments are upcoming, she added. The budget was reviewed as well. There were no questions

Executive Director's Report

- HB 1813
- New NSBHASO Organizational Chart
- Audit/Health Care Authority (HCA)
- Ribbon Cutting/Lynnwood Crisis Care Facility
- Crisis Stabilization in the North Sound Region
- San Juan Island Trip with ASO Staff/Co-Responder Position

Old Business

None

New Business

- 1813 – New Organizational Chart

JanRose spoke about the changes to the ASO's Org Chart considering HB 1813 coming on board

- Updated North Sound ASO Budget

JanRose spoke about NS-BH ASO's budget

- Summer Recess

The Chair spoke about the AB's meeting cadence/summer recess that is taking place in July.

Brian Estes moved a motion regarding the recess, Marie Jubie seconded, all in favor, none opposed, no abstentions, motion carried

- Advisory Board Art and Poetry Contest Update

It was proposed that the NS BH-ASO Advisory Board's Art and Poetry Contest deadline be pushed out to August 1st due the fact that there were only two entries received so far. All AB members were in favor of the new deadline. Maria will send out the information once again to AB Members

Report from Advisory Board Members

Marie Jubie, Brian Estes, Gay Lynn Beighton, and Cathie Murphy gave member updates and/or had discussion items or questions

Reminder of Next Meeting

The Chair noted that the next meeting will take place on August 4th, 2026

Adjourn: 2:06pm